Cambridge North

Locality News

Cambridgeshire County Council

Welcome to the Spring 2010 Cambridge North Locality Newsletter

Welcome to the second edition of the Cambridge North Locality Newsletter!

In the last few months, the team has been busy with many different things, and as you will see as you read on, learning many different things.

This edition focuses mainly on what's been happening in the locality and what our team have been up to over the last term.

Local Allocation and Referral Meetings

One of the key developments from the North Cambridge Locality Team over the past few months has been planning and setting up a Locality Allocation and Referral Meeting (LARM) to be held regularly at EOTAS (Education Other Than At School) on the Ascham Road site.

This LARM will be a forum that will consider, put together and oversee support plans for young people with multiple needs based at EOTAS. The LARM group will consist of a range of agencies and professionals including Social Care, Health, Romsey Mill, Education Psychologists, Youth Offending Service, Police, Youth Inclusion Support Service, EOTAS and Locality staff.

This is a particularly exciting development, as this group will be helping to provide additional support to some of the most vulnerable young people of Secondary school age. The first LARM is scheduled for the 24 March and will meet initially on a monthly basis.

The Cambridge North Locality Team Members are:

Name	Role
Paul Connelly	Locality Manager
Lorna Purslow	Assistant Locality Manager
Paula Mayes	Youth Work Coordinator
Ute Ward	Children's Centre Manager
Jo Maxwell	Children's Centre Manager
Heather Bridgeman	Senior Education Welfare Officer
Nigel Bell	Education Welfare Officer
Sue Hunt	Senior Parent Support Adviser
Ana Cooper	Parent Support Adviser
Sue Derry	Parent Support Adviser
Patricia Kortlever	Parent Support Adviser
Soussan Shahriari	Business Support
Laura Lawrence	Business Support
Avril Tyrrell	In School Support Teacher
Helen Fletcher	In School Support Instructor
Lee Barresi	In School Support Instructor
Andrea Cramp	Locality Youth Worker
Anwar Haq	Locality Youth Worker
Paul Webb	Locality Youth Worker
Clare Brassett	Locality Youth Worker
Sophie Lucas	Locality Youth Worker
Marie Fella	Social Care Link – Home School Worker
Steve Purkiss	Connexions Lead Personal Adviser – Outreach Worker
Julie Nicholson	Connexions Information Adviser
Jamie Jackson	Connexions Information Adviser
Gemma Paterson	Connexions Intensive Personal Adviser (maternity leave)
Faye Ackroyd	Connexions Intensive Personal Adviser
Catie Hall	Connexions – Universal / Intensive Personal Adviser
Mary Pearson	Connexions – Universal / Intensive Personal Adviser
Val Brown	Connexions – Universal Personal Adviser
Susan Earnshaw	Connexions – Universal Personal Adviser

The Partners we work closely with are:

Primary, Infant and Secondary schools in the locality
Early Years settings
Area Social Care team
Area Support For Learning team
Youth Offending Services
Health
Child and Adolescent Mental Health (CamH)
Police
South Cambridgeshire District Council/Cambridge City Council
Parish Councils
Voluntary Sector Organisations

Which schools do we cover?

Primary:
Arbury Primary School
Kings Hedges Primary School
Castle School
Colleges Nursery
Dry Drayton Primary School
Girton Glebe
Histon and Impington Infants School
Histon and Impington Junior School
Histon Early Years Centre
The Grove
Mayfield Primary School
Milton Primary School
Milton Road School
Oakington Primary School
Orchard Park School
The Shirley School
St Laurence's Primary School
St Luke's Primary School

Secondary:
Impington Village College
Manor Community College
Chesterton Community College

What's been happening in the Locality?

Common Assessment Framework – By Lorna Purslow

The Common Assessment Framework (CAF) is part of the Government's Every Child Matters agenda. It is an assessment tool used to coordinate multidisciplinary integrated support for children and young people. It is particularly for those who have needs that will require input from a number of agencies, or where the needs are not clear. The assessment is completed with families and the aim is to keep them involved and informed every step of the way. CAF is voluntary and the consent of the family is essential. The families also have a say in who the information can be shared with.

The locality team has a responsibility to coordinate CAFs and to organise a series of meetings across north city to ensure that identified needs are responded to. All CAFs should be sent to the locality team for allocation to the relevant meeting. These meetings are currently organised around schools and children's centres. The locality team has received 53 CAFs since it started in September 2008 and there are currently 19 CAFs currently being worked on.

If you would like to find out more about CAF then please go to: - www.dcsf.gov.uk/everychildmatters/strategy/deliveringservices1/caf/caffframework/ .

If you are a professional and would like to access CAF training then please contact 01223 712468.

Mental Health Training Module – By Catie Hall

For the last 12 weeks I have been attending the above training. It has been designed to give practitioners an in-depth knowledge base of all areas of mental health. The subjects that we have covered have been, Promoting the Emotional Wellbeing of Children and Young People, Mental Health Promotion in Schools, Understanding Mental Health, Unconscious aspects of working with children, young people and their families, Parental Mental Health, Infant Mental Health, Developmental Disorders, ADHD, Anxiety Problems in childhood and adolescence, Understanding and responding to depression in children and young people, Understanding and responding to children and young people who self-harm, Psychotherapy and the relevance of psychoanalytic concepts in practice, Systems theory and its relevance to practice and Understanding and responding to eating disorders.

A wide range of professionals are attending the course with a varying range of experience which adds to the learning of these sessions. Each session has been led by a professional as well as input from service users of the Mental Health system. We have also learnt about lots of websites to use, strategies to use and how to make a good referral, as well as having a comprehensive list of contacts throughout the county. The group will carry on meeting after the course to keep up our knowledge base. It has been agreed that I will act as a point of contact for locality to staff to talk over concerns, issues and to signpost staff to the appropriate professional.

Youth Work

Vigilance in Cambridge!

Since September, we have been able to deliver targeted work with young men involved in robbery. We have used the Home Office funding as part of the Vigilance Programme.

We have run weekly group work sessions, which have included First Aid, mechanics and reparation work through drama. During half term week two young people from North City and four from South City were taken on an outdoor residential to North Wales - Neill Wishart from South City led this in partnership with the Youth Offending Service.

Throughout the programme, the Youth Workers have worked closely with the police and individual schools to ensure that the young people's issues are being addressed, and that they are challenged about their offending behavior. The relationships the young men have developed with the Youth Workers provide them with positive role models, people they trust and respect.

Impington Babysitting Course – By Andrea Cramp

Another eight young people are nearing completion of the British Red Cross Babysitting Course. As part of their course, we visited the Histon Early Years Centre to look at toys and activities with them. As a result of our visit we are now looking into ways in which we can carry out more partnership work with the Centre. Ideas so far include:

- Running the babysitting course at the Centre inviting health visitors and other professionals to cover some of the material.
- Linking with Impington Village College and young people wanting to take Childcare as a GCSE.
- Provide follow-on training for babysitters such as dealing with challenging situations.
- Inviting young people to produce story/treasure bags to build a resource base at the Centre for use by young people when babysitting.
- Providing opportunities for babysitters to meet with local families to discuss babysitting needs and volunteering opportunities.

It is the start of a very exciting partnership and I will keep you up-dated with projects as they arise.

Impington Arts Award Group – by Andrea Cramp

Open to Young People in all year groups, we are currently working with 20 young people on this project from across all year groups. Students complete four sections to obtain a bronze award. Here is what the students have been doing so far:

Part A: Taking part in an arts event – 40 young people enjoyed a day of workshops at The Junction on 30th January 2010. Opportunities to have a go at Capoeira, VJing, DJing, Theatrical Improvisation, Circus Skills and Community Radio were enjoyed by all. By attending, providing evidence of their day through written accounts, photographs and facebook page, they were able to complete this section.

Part B: Go to an arts event – a coach full of us watched Into the Hoods just before Christmas, interviewed the stage manager and one of the dancers, put together written accounts, photos and tickets and completed the second stage of the Award. A second event to watch Holiday on Ice was also organized to compare different art forms and broaden young people's engagement with the arts.

Part C: Arts hero or heroine – an area where individual young people are researching their hero/heroine and discovering how they got to where they are today.

Part D: Share your skills – for this the young people have to help run a workshop or give a demonstration to others of an arts skill. This may have been achieved whilst completing the Arts Award. This is the area we are currently working on.

We meet at a weekly drop-in at Impington Village College on a Tuesday evening. Here we discuss their individual portfolios, set up training, trips, and offer them space to meet with friends and make contact with Youth Workers.

North City Participation Forum – By Paula Mayes

Young people took part in a successful summit with City and County Councilors last November to inform the decision makers of the issues for young people in their local communities. Following on from this, six young people from Manor Community College have continued to meet fortnightly with Jackson Nazombe, the Participation Worker for the Area. We are in the process of engaging young people from across the locality, including the villages, to create a North City locality forum, where the young people can work on joint projects and begin to have more influence on those decisions that are made that impact on them. They will be offered training in areas such as recruitment, peer assessors and effective communication and they will be encouraged to inform the decisions made by the parish/district councils and the neighbourhood panels.

If you are working with any young people who would like to be involved in this project as it develops please let me know.

paula.mayes@cambridgeshire.gov.uk or 07767442891

Partnership Working

The Freedom Programme

A full 12 week Freedom Programme course was held at Buchan Street Neighbourhood centre from 9 September until 2 December 2009, 10.00 a.m. – 11.30 a.m. and was supported by a free crèche facility.

This programme is open to any woman who wishes to learn more about the reality of domestic violence and abuse. The effects of domestic violence on children and young people who witness such abuse has clearly been demonstrated and we aim to enable women to look at their relationships, past, present and future and the effects these have on their children and unborn babies. The aim is to provide a safe opportunity for women to develop ways of thinking and behaving to protect themselves, their children and others from harm, providing knowledge in order to help them achieve this.

Course Facilitators – Lynn Tumber from The Meadows Children and Family Wing and Steve Rudkin from Romsey Mill

The course was part funded by The Big Plan 2 Grant Fund and The Meadows Children and Family Wing. The Course was held in partnership with Romsey Mill (RM) with funding from Cambridge Safer City, The Meadows Children and Family Wing (MCFW), The Kings Hedges Family Support Project (KHFSP) and The North City Children's Centre (NCCC). The KHFSP agreed to release Lynn to run the course, RM to release Steve to co- run the course and the NCCC provided two additional crèche workers to support the number of children requiring care within the crèche.

On week 9 Amy Monk a DV advocate and Detective Inspector Richard Newman from Cambridge Constabulary Domestic Violence Unit attended the session to share information and answer questions. The domestic abuse unit gave us copies of Living with the Dominator – A book about the Freedom Programme to give to each participant of the course on week 12 to keep.

An article appeared in the Cambridge News about this course being held, fully supported by David Howarth MP and Steve undertook a live broadcast on Radio Cambridgeshire.

Course Aims:

- To help women understand the beliefs held by abusive men and in doing so, recognise which of these beliefs they have shared.
- To illustrate the effects of domestic violence on children
- To assist women to recognise potential future abusers.
- To help women gain self-esteem and the confidence to improve the quality of their lives.
- To introduce women to community resources, such as Cambridge Women's Aid, the Police Domestic Violence Unit and local family support groups.

Young Carers Project at Centre 33 – By Faye Ackroyd

Centre 33's Young Carers Project works with young carers aged 8 to 18 across Cambridge City and South Cambs. We currently have seven fortnightly youth groups, four in Cambridge City, and two in Cambourne and one in Sawston.

The Cambridge City groups have been successfully running in Milton Youth Building, the Meadows youth wing and Brownsfield Community Centre for many years. The groups are there to provide support, enable young people to meet other young people in similar situations, make new friends, have fun and have a break from their caring responsibilities.

Who is a Young Carer?
The Princess Royal Trust for Carers 2004 defines a Young Carer as:
'Young Carers are children and young persons under 18 who provide, or intend to provide, care, assistance or support to another family member who is disabled, physically or mentally ill, or has a substance misuse problem. They carry out, often on a regular basis, significant or substantial caring tasks, taking on levels of responsibility that is inappropriate to their age or development.'

If you are working with a young person who you think would benefit from The Young Carers project please get in touch. To make a referral either contact Faye Ackroyd on 01223 307488, email youngcarers@centre33.org.uk or download one from www.centre33.org.uk

Y.C. PROJECT
Young Carers Project
33 Clarendon Street
Cambridge, CB1 1JX
Centre 33
Telephone: 01223 307488
Email: youngcarers@centre33.org.uk
Every Young Carer Matters

Children's Centres – This month's focus – Chesterton Children's Centre

SESSION	DAY	TIME	VENUE
Shirley Toddler Group	Monday	9:30 – 11:30 am term time	Brown's Field Community Centre
Little Crawlers	Monday	10 – 12 pm	Chesterton Children's Centre
Polish-speaking Group	Monday	2-3:30 pm	Chesterton Children's Centre
Little Music Makers	Tuesday	9.30 - 11.15 am	Brown's Field Community Centre
Toddler Clinic	Tuesday	10 am-12 noon 1st and 3rd Tuesday every month	Brown's Field Community Centre
Space 2 Play	Tuesday	1 – 5 pm	Chesterton Children's Centre
Toddlers Plus	Wednesday	9.30 am-11.30 am. Term-time	Arbury Road Baptist Church.
Breastfeeding Information and Support	Wednesday	11.00 am-1 pm	Chesterton Children's Centre
Tiny Feet Babies under 1 and their parents / carers	Wednesday	1.15-2.45 pm	Brown's Field Community Centre
Baby Clinic	Wednesday	1-2.45 pm	Brown's Field Community Centre
Chesterton Parent Forum Meeting & Crèche	Wednesday	10.30-12 noon 14th Jan, 10th Feb and 10th Mar	Chesterton Methodist Church
Thursdays Together Funded by the National Lottery Through the Big Lottery Fund	Thursday	10 am-2 pm	Brown's Field Community Centre
Prampushers	Thursday	10 -11.30 am. term-time	St George's Church
Church Mice	Thursday	10-12 am	St Andrew's Hall
Coffee Morning Drop in for a drink, chat & play	Friday	10-11.30 am	Chesterton Children's Centre

Children's Centre Venue Addresses

Chesterton Children's Centre

Frank's Lane, Chesterton, Cambridge.CB4 1RR

Brown's Field Community Centre

31a Green End Road, Chesterton, Cambridge. CB4 1RU

Scout Hall, Shirley Lower School Site

Green End Road, Chesterton, Cambridge. CB4 1RW

St Andrew's Hall

St Andrew's Road, Chesterton, Cambridge. CB4 1DH

St George's Church

Chesterfield Road, Chesterton, Cambridge. CB4 1LN

All activities are run on a drop-in basis except for those with a crèche facility which must be booked in advance please call: 01223 426710

If you would like to talk to someone about which activities are suitable for you and your child, drop in Chesterton Children's Centre or call: 01223 426710

SureStart
Children's Centre
Cambridgeshire

Cambridgeshire
County Council

How to Contact Us:

North Cambridge Locality Team
Children and Young Peoples Services
RES1402
Old Police House
Shire Hall
Cambridge
CB3 0AP

Tel – 01223 712468
Fax – 01223 475494

E-mail firstname.surname@cambridgeshire.gov.uk

If you would like to contribute to further editions of the newsletter, please call us or send an e-mail to the address above.

If you would like to view this newsletter in an alternative format – large print, Braille or another language please contact Dawn Rogers on dawn.rogers@cambridgeshire.gov.uk or 01223 699220.